

When will I see results?		
Action	Severity of acne	Expect some Improvement in
Over the counter treatments	Mild	6 – 8 weeks
Action	Severity of acne	Expect significant improvement 50 - 70% reduction in acne in
Medical treatments	Mild to moderate and moderate	2 – 3 months 3 – 6 months for hormonal treatments such as birth control pill or spironolactone
	Severe	4 – 6 months. Some improvement may be visible as early as 2 months.

*Stay with it! Acne fluctuates and may appear to worsen with some medical treatments before it gets better.